

## Congratulations on your pregnancy!

- ☐ We deliver at Baptist Downtown only. Faben has 6 physicians who deliver all of our babies. They do take turns being on call, so the on-call MD will be the one to deliver you.
- ☐ Options for finding gender of baby: NIPT or 16 wk gender scan (\$50) or 20 wk anatomy sono
- ☐ Delivery Fee due by 24 weeks, covers routine OB visits and delivery. Your insurance company can provide you with details of your coverage and patient responsibility.  
\*\*Please note you may be responsible for lab bills or sonogram bills if not considered routine testing or if your deductible has not been met\*\*
- ☐ During pregnancy you should drink 8 to 12 cups of water every day.
- ☐ We deliver by 41 wks
- ☐ Nurses answer the phone at night for **emergencies only (Preterm labor, water broke, bleeding, etc...)**
- ☐ List of over-the-counter medication safe in pregnancy are on our website  
fabenobgyn.com

### Some important visits and what will be done (leave a urine sample at every visit)

8 wk: Initial sono to obtain your due date

10 wk: OB/Nurse Visit: Prenatal Labs, STD panel, Genetic testing, and early glucose testing if needed.

12 wk: First Trimester sono (unless you decline) and OB visit and Pap if needed

16wk: OB visit and labs for AFP

20 wk: OB visit and Anatomy sono (unless you go to ROC) and Register for the hospital

24 wk: OB visit and 1hr glucose/CBC (\*\*if you passed an early glucose test then this will be done at 28 wks\*\*)

28 wk: OB visit and we will offer Tdap and retest you for STIs per Florida requirements

30, 32, 34 wks: OB visit

36 wk: OB visit and GBS swab

37-41wks: OB visit along with cervical exam for dilation

## Downs and Genetic Testing

- ❑ Down syndrome testing is a two part process:
  - 1<sup>st</sup> part is measuring the nuchal fold and looking for the nasal bone (this is done at your 12-13 wks)
  - 2<sup>nd</sup> part is bloodwork. You will have 2 options for Blood work. The First Trimester Screen or the genetic testing called NIPT and it comes back with gender. It is recommended that you call your insurance to determine your coverage for this testing. See test codes below.
- ❑ We will also offer testing to see if you are a carrier for Cystic Fibrosis and Spinal Muscular Atrophy.
- ❑ To find out your coverage prior to testing please scan QR code below and follow instructions. You may also call your insurance or FWC Lab at 561-463-8876. FWC lab is able to estimate coverage and complete prior authorization if needed. FABEN unsure of coverage for NIPT/Horizon testing.  
FTS (CPT 84163) or NIPT (CPT 81420), CF (CPT 81220), SMA (CPT 81401).

## Instructions for QR Code Utilization

- Using the camera function of your mobile device, scan the QR code to the right and navigate to your demographic page
- Complete the required fields to initiate your benefits verification for genetic testing
- Click "Submit" at the end, and our benefits verification team will reach out to you in 2 to 4 business days from phone number **(561) 463-8876**

A screenshot of a web form titled "Benefits Verification for NIPT/Carrier Screening". The form includes a language selection dropdown (set to "English"), and input fields for "First Name\*", "Last Name\*", "Middle Initial", "Date of Birth\*" (with a calendar icon), "Phone Number\*", "Insurance Name\*", and "Insurance ID\*". A blue header bar at the top of the form contains the laboratory's logo and a brief instruction: "To start the benefit estimate process, please complete the form below. Once submitted we will work with your insurance company to provide an estimated cost for testing. We will contact you with your quote in about 2 to 4 business days from submission. If you have any questions, please contact our support team at 561-463-8876."

***\*\*Save the number in your phone so it's familiar when you hear back about your estimated costs!!***